

Improving The Quality Of Learning Through Lifeskill Activities At SMP Muhammadiyah Ahmad Dahlan Aekkanopan

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Abstract: The purpose of this study is to analyze activities that can improve the quality of student learning. In this article, the method used is a qualitative description method in the form of interviews and observations of teachers and students of grade 9 SMP Muhammadiyah Ahmad Dahlan Aekkanopan. Based on the results of interviews and observations, it can be concluded that life skills activities can improve the quality of student learning, this can be seen from students who have polite, brave, creative, independent attitudes, are able to manage time and are enthusiastic in participating in all learning activities that are supported by excellent school programs.	Keywords: Quality of Learning, Educator, Lifeskill
Abstrak: Tujuan dari penelitian ini adalah menganalisis kegiatan-kegiatan yang dapat meningkatkan mutu belajar peserta didik. Pada artikel ini, metode yang digunakan adalah metode deskripsi kualitatif berupa wawancara dan observasi pada guru dan peserta didik kelas 9 SMP Muhammadiyah Ahmad Dahlan Aekkanopan. Berdasarkan hasil dari wawancara dan observasi dapat disimpulkan bahwasanya kegiatan lifeskill dapat meningkatkan mutu belajar peserta didik, hal ini dilihat dari diri peserta didik yang memiliki sikap sopan santun, pemberani, kreatif, mandiri, mampu manajemen waktu dan semangat dalam mengikuti seluruh kegiatan pembelajaran yang ditunjang dengan program-program unggulan sekolah.	Kata Kunci: Mutu Belajar, Pendidik, Lifeskill

A. Introduction

Education is a necessity of human life that must be fulfilled in an effort to increase the dignity, worth and standard of human life. Everyone has the right to receive education and teaching, regardless of ethnic background, race, economic ability, social status, language and others (Mavianti, 2019). With education, humans will understand the benefits of the meaning of life. Education itself has a very important role in building the nation and state as well as for each individual because education is

also considered a basic human need to carry out life (Mislaini, 2017). Law number 20 of 2003 states that education is a conscious, planned effort to create a learning atmosphere and learning process so that students actively develop their potential (Febrianti, 2021). In this case, of course, in learning activities, it is necessary to improve the quality of learning so that it is easier to develop the potentials that exist in students.

Every learning has learning objectives that must be achieved and mastered by students. If in a learning process students can achieve optimal learning goals seen from changes in attitudes and test results, then learning can be said to be good and quality (Fitrah, 2017). Conversely, if in a learning process students cannot achieve optimal learning objectives, then learning can be said to be of poor quality. Quality learning can also be seen from how active students are in participating in learning (Indana, 2018). If during the learning process students are actively involved (emotional involvement and mind involvement), then it is likely that students will be able to achieve optimal learning goals.

Quality learning is not something that happens by itself, which is the result of a learning process that goes well, effectively and efficiently. Quality is a comprehensive description and characteristics of goods or services that show their ability to satisfy the expected needs (Hayudiyani et al., 2020). In the context of education, the notion of quality includes educational inputs, processes and outputs which are the ability of the education system to be directed effectively to increase the added value of input factors in order to produce the highest possible output (Saifulloh, 2012). Learning is a learning system that contains a series of activities and activities designed to influence and support the learning process in students and are special. Meanwhile, the notion of learning according to Law no. 20 of 2003 concerning the National Education System article 1 paragraph (20) is the process of interaction of students with educators and learning resources in a learning environment (Aprida, 2017).

Improving the quality of learning is a systematic process that is continuously improved on the quality of learning and teaching, this is related to the goals that are the school's targets so that they can be achieved effectively and efficiently. To realize quality education, one of them needs to pay attention to the quality of education. The quality of education will be achieved if the components in it play a good role, namely being able to answer existing challenges and be responsible. In this case, of course, educators have a very important role and position in the world of education, namely in shaping the knowledge and character of students so as to produce quality students. Therefore, schools are expected to be able and careful in improving the quality of student learning, schools must also have a strategy in improving the quality. In this case the role of the principal is very important. The success of leading, motivating and managing all components in the school is one way to create quality education.

The educational process in a school is heavily influenced by the principal's leadership style, because he is the person who is most responsible for everything that will, has, or has not happened in the school environment (Sonedi et.al, 2018). The principal must be able to master various techniques, approaches, methods and strategies in learning. The principal must also be a pioneer for teachers to create active, effective and fun learning (Juliantoro, 2017). Therefore, the purpose of education must strive to create learning that can provide provisions for students with various life skills. Education is not just knowledge, but there must be a process of developing certain skills, attitudes, and values that can be realized in the lives of students (Noor, 2015).

Life skills education (Life skills) which is carried out through learning activities aims to improve one's psychosocial skills and abilities to overcome various demands and challenges in life, especially with regard to general life skills (Ananto, 2019). Life skills are education that can

provide abilities, abilities, practical skills, used related to business needs and opportunities and economic potential in the community (Anwar, 2004). Life skills (life skills) have a broad scope, life skills refer to the various abilities needed by a person to achieve success with dignity in society (Hasanah, 2019). The headmaster of SMP Muhammadiyah Ahmad Dahlan Aekkanopan chose a strategy through life skills activities that were considered able to improve the quality of student learning. Several series of activities are carried out with full support by teacher staff and parties related to these life skills activities. It is hoped that with the implementation of life skills activities supported by superior school programs, students will not only excel in science but also have good character, as the school's motto is smart and character.

B. Research Method

The method is a path, way or step that is structured in a way to achieve a goal in an activity. The method used in this research is using a qualitative descriptive approach in the form of interviews and observations. This research was conducted at SMP Muhammadiyah Ahmad Dahlan in October 2021 and the subjects of the research were teachers and students of grade 9 SMP Muhammadiyah Ahmad Dahlan Aekkanopan for the academic year 2021/2022.

C. Results and Discussion

Results

Based on the results of research conducted at Muhammadiyah Junior High School Ahmad Dahlan Aekkanopan for the academic year 2021/2022, data were obtained from interviews and observations made by teachers at Muhammadiyah Junior High School Ahmad Dahlan and grade 9 students that life skills activities contained in Muhammadiyah Junior High School Ahmad Dahlan could improve the quality of life. learn from

students. This can be seen from students who have good manners, are brave, creative, independent, able to manage time and are enthusiastic in participating in all learning activities that are supported by the school's flagship programs. The series of activities carried out by the principal and teachers in improving the quality of learning for students at SMP Muhammadiyah Ahmad Dahlan itself is divided into 3 parts, namely positive habituation, study visits, co-curricular and extra-curricular activities.

1. Positive Habits in the School Environment

Positive habituation is a series of activities carried out by school principals and teachers as an effort to shape the character of students. Habituation itself is an activity that is carried out repeatedly as a process of forming attitudes and behaviors that are relatively permanent through a learning process that is carried out together or alone. Good behavior inherent in students is one indicator of the success of the learning process (Angdreani, 2020).

Character development through positive habits is carried out on a scheduled or unscheduled basis which includes routine, spontaneous, programmed activities and exemplary activities. From this positive habituation activity, the students have an Islamic character, namely having a polite and courteous attitude through routine and spontaneous activities. Having broad insight, courageous soul and love for the homeland through programmed activities. Able to manage time as well as possible, able to master foreign languages and likes to read through exemplary activities. From these activities, students' self-character is created as an effort to improve the quality of learning itself.

2. Study Visit

Study visit is an alternative activity which is an innovation and creativity carried out by Muhammadiyah Ahmad Dahlan Middle School teachers to attract and develop students' learning interest, this is done so

that students not only learn theory but are able to practice the subject matter directly. This of course makes students more mastery of the subject matter that has been taught. In this study visit activity the teachers combine the subject matter with other subjects, this is certainly more time, cost, and energy efficient and the students can go directly to the field and master the material of several subjects at once and generate thoughts. critical of students.

This study visit activity is carried out in a structured and systematic manner, including the presentation of material from figures who have been trusted by the supervising teacher to deliver the material, students can carry out activities directly in the field according to the theory of lessons that have been given by the teacher and at the end of the question and answer session questions as an effort to assess the extent to which students' understanding in carrying out study visits is in accordance with the theory that has been taught by the teacher in the classroom.

3. Co-curricular and extra-curricular activities

Co-curricular and extra-curricular activities are the school's flagship program at SMP Muhammadiyah Ahmad Dahlan Aekkanopan. Co-curricular activities are activities that are very close and support and help in intra-curricular activities (Nur, 2019). This activity is carried out outside of intracurricular hours, usually this activity is in the form of assignments or other actions related to intracurricular material. In this co-curricular activity, students are required to be brave individuals, including through science, social studies, math and English olympiad activities, international online/offline exchanges and virtual meetings. In this case, the students try their best to appear in front of the public, assess the extent to which they are able to master the materials that have been taught, are able to communicate using foreign languages, and are able to introduce some things about Indonesia through virtual meetings with foreign students. In addition, in this co-curricular activity, students have an Islamic character

through Tahfiz activities, where students not only memorize and learn about the rules of reading the Qur'an but are also able to love the Qur'an as a way of life for Muslims.

Extracurricular activities are activities that can strengthen the knowledge gained in class with the attitudes and skills that should be developed for students. Extracurricular activities are activities that can shape a person's personal character (Dahliyana, 2017). In extracurricular activities students can develop values and further apply the knowledge that has been previously learned. This activity is carried out to find out the interests and talents of each student and is designed to meet the needs of students as an effort to support future careers, so that students become accustomed to doing several extracurricular activities that are in accordance with their respective interests and talents. This is in accordance with the objectives of the extracurricular activities listed in the Minister of National Education Regulation No. 39 of 2008 namely: 1) Developing students' potential optimally which includes interests, talents and creativity 2) Strengthening students' personalities to realize school resilience as an educational environment 3) Actualizing students' potential to achieve achievement 4) Preparing students to become moral citizens noble, democratic and respectful of others. Some of these activities that support the quality of learning certainly have obstacles for the principal and staff of the coaching teachers, because some of these students also found it difficult to know their talents and interests due to their laziness in mastering the materials being taught and the life skills activities carried out. However, the efforts of the principal and the coaching staff are extraordinary in appreciating activities that support the quality of student learning so that it can be resolved slowly and able to erode the feeling of laziness that exists in students, SMP Muhammadiyah Ahmad Dahlan always conducts coaching before or after carried out these activities.

The various series of activities are an effort by the principal and teacher staff to fulfill the vision and mission of SMP Muhammadiyah Ahmad Dahlan, namely intelligent character which is described in 7 series of process activities of excellence and values which of course aim to improve the learning quality of students of SMP Muhammadiyah Ahmad Dahlan. . The headmaster of SMP Muhammadiyah Ahmad Dahlan chose life skills activities in improving the quality of student learning because he believed that by doing practices and not just theory, it was easier for students to understand and know what they were learning and students had more control over their interests and talents.

D. Conclusion

From the results and discussion, it can be concluded that the life skills activities carried out at SMP Muhammadiyah Ahmad Dahlan can improve the quality of learning for students. This can be seen from the changes in knowledge and character or personality of students who have polite, brave, creative, independent attitudes, able to manage time and enthusiasm in participating in all learning activities that are supported by the school's flagship program. Some of the activities carried out include positive habituation, study visits, co-curricular and extra-curricular activities. From these activities, students are not only formed their own character, but are also able to compete with the outside world with their interests and talents which of course receive full guidance from every teacher. In this case, of course, some obstacles were found in its implementation, but the principal and the teacher staff continued to learn and correct the existing mistakes and really appreciate all the existing activities, especially for students who are willing and enthusiastic in learning. From these several activities, it is hoped that they can fulfill the school's vision and mission, namely being intelligent and with character.

E. Bibliography

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