

### Implementation Of The Congregational Dhuha Prayer Program In The Formation Of Students' Discipline Character In SMP Muhammadiyah 16 Lubuk Pakam

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ARTICLE INFO	ABSTRACT
<p><b>Article history:</b> Received: February 13, 2024 Revised: March 23, 2024 Accepted: April 27, 2024 Available Online: May 30, 2024</p>	<p>This research uses a descriptive qualitative approach. The population collected in this study were students of class VIII SMP Muhammadiyah 16 Lubuk. The sample for this research was 35 grade VIII students who were taken using student and teacher interview techniques, direct observation of the research location, and research documentation. To obtain data on the Implementation of the Dhuha Prayer Program for class VIII students, researchers used interview techniques, practice, and questionnaires or questionnaires. Meanwhile, the way to implement Discipline Character Formation is by direct application during the hours of Duha prayer activities. Based on the findings of the researchers during the research at SMP Muhammadiyah 16 Lubuk Pakam, there were several findings that the researchers obtained in accordance with the existing problems. Implementation and Training for the Implementation of the Congregational Dhuha Prayer Program in Forming the Discipline Character of Students at SMP Muhammadiyah 16 Lubuk Pakam. In providing material for the discipline of Duha prayer and its training, in this case the researcher specializes in class VIII SMP, it is easy to accept material and easy to self-discipline in carrying it out and feels that he has to be even better at disciplining his Duha prayer activities. enthusiastic because students are not used to disciplining themselves for Duha prayer for certain reasons such as the time for Duha prayer which is determined by the school to take part of their break time</p>
<p><b>Keywords:</b> Implementation, dhuha prayer, discipline character.</p>	
<p><b>Please cite this article:</b> Azhari, A., Sofi, A., Khairani, F., Setiawan, H.R., (2024). "Implementation Of The Congregational Dhuha Prayer Program In The Formation Of Students' Discipline Character In SMP Muhammadiyah 16 Lubuk Pakam" Integrasi: Jurnal Studi Islam dan Humaniora, 2 (2), 141-151.</p>	<p style="text-align: center;"><b>ABSTRAK</b></p> <p>Penelitian ini menggunakan pendekatan deskriptif kualitatif. Populasi yang dikumpulkan dalam penelitian ini adalah siswa kelas VIII SMP Muhammadiyah 16 Lubuk. Sampel penelitian ini adalah siswa kelas VIII sebanyak 35 orang yang diambil dengan menggunakan</p>

	<p>teknik wawancara siswa dan guru, observasi langsung ke lokasi penelitian, dan penelitian dokumentasi. Untuk memperoleh data Pelaksanaan Program Sholat Dhuha pada siswa kelas VIII, peneliti menggunakan teknik wawancara, praktek, dan angket atau angket. Sedangkan cara penerapan Pembentukan Karakter Disiplin adalah dengan penerapan langsung pada jam-jam kegiatan shalat Dhuha. Berdasarkan temuan peneliti selama penelitian di SMP Muhammadiyah 16 Lubuk Pakam, ada beberapa temuan yang peneliti peroleh sesuai dengan permasalahan yang ada. Implementasi dan Pelatihan Implementasi Program Sholat Dhuha Berjamaah Dalam Membentuk Karakter Disiplin Siswa SMP Muhammadiyah 16 Lubuk Pakam. Dalam pemberian materi disiplin sholat dhuha dan latihannya, dalam hal ini peneliti mengkhususkan pada kelas VIII SMP, mudah menerima materi dan mudah disiplin diri dalam melaksanakannya dan merasa harus lebih baik lagi dalam mengerjakannya. mendisiplinkan kegiatan shalat Duhanya. antusias karena siswa belum terbiasa mendisiplinkan diri untuk shalat dhuha karena alasan tertentu seperti waktu shalat dhuha yang ditentukan pihak sekolah pada waktu istirahatnya.</p>
Page: 141-151	<p>Copyright© 2024. <b>Integrasi: Jurnal Studi Islam dan Humaniora</b>. This is an open acces article under the CC-BY-SA liscence (<a href="https://creativecommons.org/licenses/by-sa/4.0/">https://creativecommons.org/licenses/by-sa/4.0/</a>).</p>

### A. Introduction

According to Sholikhin, prayer is turning one's heart towards Allah Subhanahu Wa Ta'ala, namely as worship, in the form of carrying out the desired words and actions, which begins with takbiratul ihram, and ends with greetings, and according to the conditions determined by Islamic law (Adinda ). Annisa Darmana, Azhar Haq, 2019). Duha prayer is a sunnah prayer that a Muslim performs during Duha time. Duha time is the time when the sun begins to rise approximately 7 cubits from sunrise (approximately six or seven in the morning) until noon time. The number of rak'ahs for the Dhuha prayer is 2, 4, 6, 8, and a maximum of 12 rak'ahs. The method of implementation is every 2 rak'ahs per greeting (Setyaningrum & Waryanto, 2017).

The Dhuha prayer forms the character of students in that the time for the Dhuha prayer is when people are busy with their worldly activities and there is a lot of wisdom

contained in it. The time of implementation is an extraordinary time to come face to face and build a personal relationship with Allah and receive special attention and affection from Him. According to Narwanti, character education is a system of instilling character values in school members which includes the components of knowledge, awareness or will, and actions to implement these values, both towards God Almighty (YME), oneself, others, the environment, and nationality so that humans become human beings. (Adinda Annisa Darmana, Azhar Haq, 2019).

Related to the implementation of the Duha prayer service to increase discipline in the Duha prayer service, because Islamic religious teachers are more responsible for the implementation of the Duha prayer service. The practice of Duha prayer is sunnah, so this is what some people think that Duha prayer is not very important considering that the law for carrying it out is Sunnah, which in the end becomes the reason for some lazy people not to perform Duha prayer.

Efforts to instill the value of religious discipline at school include every kind of influence aimed at students to help them understand and adapt to environmental demands. Besides that, discipline is also important as a way of resolving demands that students may want to make towards their environment. (Adinda Annisa, 2019).

The rise of morality issues in the youth environment, student brawls, and pornography involving students, in this case it is not impossible that this will occur at SMP Muhammadiyah 16 Lubuk Pakam, is a major problem which until now has not been able to find the right formula to overcome it. This phenomenon has become a concern for everyone and all levels, both parents and schools. In fact, the damage that occurs is not only to the quality of humans but also to the quality of the environment. Therefore, it is very urgent to get used to religious culture, in this case the habit of praying the sunnah dhuha prayer both in the context of family and school life so that the younger generation has a good personality.

This refraction is intended to internalize the values of Islamic teachings in individual students so that they are able to reflect good behavior, especially if it is associated with very minimal face-to-face portions or hours of religious lessons. Apart from that, the values of Islamic teachings that exist in children are often defeated by negative cultures in the surrounding environment. Therefore, it is necessary to create a religious culture that is carried out continuously in the learning process with the habit of living a disciplined, neat, orderly, responsible, friendly, polite life, helping each other, respecting each other, loving the environment, being obedient in carrying out worship. , reading the Koran, etc. (Abdul Majid, 2019).

As the results of the author's observations show that students at SMP Muhammadiyah 16 Lubuk Pakam appear to have good discipline, this can be seen from the fact that almost no students are late for coming to school, taking part in morning exercises, flag ceremonies, mid-day circumcision prayers and entering class on time. Of course, in the author's opinion, the formation of students' disciplined character cannot be separated from the implementation of the dhuha circumcision prayer in congregation which is implemented at school. For this reason, it is interesting for the author to conduct more in-depth research on whether the congregational Dhuha prayer can shape students' disciplined character.

### **B. Method**

The research used is a qualitative research approach. Qualitative research is a research procedure that produces descriptive data in the form of written or spoken words from people or observable behavior (Lexi Moeloeng, 2017). The type of descriptive qualitative research used in this research was intended to obtain information regarding a description of the implementation of the congregational Fhuha circumcision prayer program in forming students' character.

### C. Result and Discussion

Based on the results of the researchers' findings during research at SMP Muhammadiyah 16 Lubuk Pakam, there were several findings obtained by the researchers in accordance with the problems described in CHAPTER I, namely:

1. Implementation and Training on the Implementation of the Congregational Dhuha Prayer Program in Forming Students' Disciplined Character at SMP Muhammadiyah 16 Lubuk Pakam

In providing material on the discipline of Duha prayer and training, in this case the researcher focuses on class VIII SMP, there are several Islamic religious education subject materials contained in books and also in the curriculum where the material is directly connected to the Duha prayer material as well as the learning and training process for this material. One of them is material about "Discipline in Sunnah Prayers Apart from the 5 Daily Prayers", this material is very related to prayer about getting used to discipline in carrying out Sunnah prayers other than the 5 daily prayers including the Dhuha prayer.

When PAI learning takes place, the teacher explains the material and relates it to the habit of Duha prayer and provides time and opportunity for students to ask questions.

As stated by one of the class VIII junior high school students who was very enthusiastic, in PAI's learning about the Duha prayer, what made the Duha prayer training activity very interesting was that during the training, the teacher explained by telling stories about the Duha prayer about the material and the teacher played a video. related to the lesson. After that, students are asked by the teacher to practice directly starting from reading prayers to the movement of the number of rak'ahs and the time for carrying them out. After that, the students are directed by the teacher to practice it directly at the hours determined by the school so that they become more accustomed to being disciplined in carrying out the Dhuha prayer.

In connection with teaching methods and training in implementing the dhuha prayer discipline, one of the teachers, Mr. Bambang Sutejo, S.Ag, who acts as a religion teacher, uses direct teaching methods in the classroom. After that, the writer and teacher immediately trained them in performing the Dhuha prayer in the form of reading it, the number of rak'ahs and the time for carrying it out until at the time of direct implementation determined by the school, the writer found that the majority of class VIII SMP students easily accepted the material and easily disciplined themselves in carrying it out. , then some of the students are not used to disciplining themselves to pray dhuha

For certain reasons, such as the Dhuha prayer time determined by the school, taking part of their break time, there was one class VIII junior high school student who was very enthusiastic and said, "Learning like this makes me very enthusiastic, very interesting and makes me challenged to continue to discipline myself in carrying out prayers. Dhuha," said the student.

Based on the results of observations made by researchers, researchers found:

1. Easy to accept the material and easy to discipline oneself in carrying it out and feel that they have to be better at disciplining their dhuha prayer activities.
2. Some other class VIII SMP students are not too enthusiastic because students are not used to disciplining themselves to perform dhuha prayers for certain reasons such as the dhuha prayer time determined by the school taking up part of their break time

Factors that really influence the enthusiasm and positive response from students are the way the material is delivered and the way the material is trained, as well as video presentations about the material, in this case the teachers are very good at conveying and training the discipline of the material so that many students are enthusiastic about the discipline. Duha prayer.

### **2. Obstacles in the Implementation of the Dhuha Prayer Program in Congregation in the Formation of Student Disciplinary Character at SMP Muhammadiyah 16 Lubuk Pakam**

Based on the results of interviews conducted by researchers with PAI teachers at SMP Muhammadiyah 16 Lubuk Pakam, what is an obstacle in implementing learning and seeing how students implement the Dhuha prayer discipline material is that not all students are self-aware of discipline, the level of discipline is low for some students in class VIII in practicing what the teacher gives to students. This relates to what was conveyed by one of the students who was not very disciplined in practicing this material

He said that when carrying out the training discipline, he had a little difficulty training himself because he felt forced to train himself, and there was a lack of support from parents at home to train his discipline so that students became less disciplined in getting used to the Dhuha prayers at school. The results of the interview above were confirmed by the PAI teacher at SMP Muhammadiyah 16 Lubuk Pakam, that some students had a low level of discipline, which caused learning not to go well, but the teacher still taught and trained students in the discipline of Duha prayer so that students understood the meaning of this discipline. Not only students, teachers are also one of the obstacles in learning, namely the teacher's lack of knowledge of material related to the discipline of Duha prayer.

Based on observations made by the researcher, another obstacle felt by other PAI teachers was that there were many students who, when the teacher explained the lesson material in progress, were students who were not ready, but there were students who were not yet focused, there were some who were busy chatting with other friends. From the description above, the researcher draws the conclusion that the obstacles that often occur in the school environment are limited time allocation as well as a lack of training for teachers on material related to Duha prayer and a lack of teachers in reading and

updating their knowledge so that they are confused when in class when dealing with students.

Based on the explanation of the interview results above, it can be concluded that discipline training activities can be said to be effective because they can make students want to get used to the discipline of Duha prayer, with communication between teachers and students or students and students. After the students had gone through all the stages of learning and training that had been passed, the researcher asked about the changes that occurred after practicing discipline in material related to the Dhuha prayer. In this activity the researcher also asked Mr. Bambang Sutejo, S.Ag, he said "the purpose of giving and training material related to Duha prayer is to introduce good practices and should be an example in their lives.

#### **D. Conclusion**

Based on the results of research regarding the Implementation of the Dhuha Prayer Program in Congregation in the Formation of Disciplined Character of Students at SMP Muhammadiyah 16 Lubuk Pakam, namely:

1. Application of learning material related to Duha prayer and implementation of students' discipline in applying this material. Application of learning material related to Duha prayer and seeing the implementation of students' discipline in applying this material is carried out using various methods including story telling, discussion and question and answer can make students more enthusiastic in receiving and responding to the material provided, this is also due to the teacher's efforts to make students more enthusiastic and understand what they are learning and what they must respond to. PAI subjects are one of the mandatory subjects for every school, with the hope that they can influence students' personalities for the better and bring about change.



2. Obstacles in implementing learning material related to the discipline of Duha prayer and practicing discipline in that material. From the application of learning material related to the discipline of Duha prayer and its implementation, teachers have several obstacles in applying learning material related to Duha prayer and implementing discipline in applying the material. These are the different backgrounds of students seen from students who are less prepared to face lessons, students who do not have adequate cognitive abilities are also obstacles in learning, not only that, teachers are also the cause of obstacles to learning, namely there are some teachers who have not able to understand the application of learning material related to Duha prayer and see the implementation of students' discipline in applying this material due to a lack of training regarding learning related to Duha prayer material. Ways that teachers can use to implement the Dhuha prayer so that it runs smoothly are as follows: Considering the students' abilities, considering the availability of facilities and materials. Identifying material that is adapted to the level of thinking of students' knowledge domains. Help students determine what higher level thinking is.

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